

Is Positivity The
**Missing
Piece**
In Your Workplace?



The Positive Edge!!

Overcoming obstacles to building a culture of positivity!

What would the value be of creating a positive work environment?

Science shows that positive employee morale and satisfaction lead to better performance, higher productivity levels, less employee turnover and reduced expenses for an organization.

Infuse positive psychology into your work place!

6 Week Positive Workplace Training

The positive solution to a negative workplace that allows you to engineer work that works. My unique pro-active program contributes to mental health literacy, positivity and effectiveness in the Work Place.

By **Teaching** the science and skills of applied positive psychology, wellbeing and effective communication you will:

- * **Conquer negative thinking & communicating**
- * **Reduce stress, anxiety & mental health issues**
- * **Improve relationships & job satisfaction**

By **Coaching** your team together we dissolve limits and expand possibilities. Coaching has been known to:

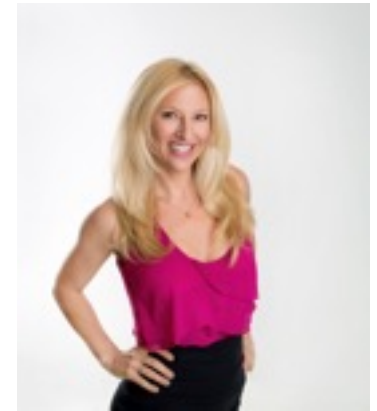
- * **Enhancement Performance**
- * **Develop skills & Strategies**
- * **Have a positive impact**
- * **Increase action towards goals**

Format Includes:

Weekly skills training workshops
Weekly coaching (Department-Leaders-Executive)
Measurable positivity results
Energize your workplace handbook

Develop positive workplace skills and attitudes using positivity-boosting strategies from groundbreaking research in positive psychology with Andrea Seydel BA, PPP, CPPC, Positive Psychology Practitioner, Certified Applied Positive Psychology Life Coach and Author.

Andrea has worked and consulted with many leaders who have now transformed their companies, organizations and schools. From companies large and small Andrea demonstrates how social and emotional intelligence, along with positivity can ignites employee potential, increases innovation, and catapults the organization to new levels of performance and positivity.



This 6-Week program is designed to generate focused action and make employee optimism not just a worthy goal, but a real and measurable result!

- * Andrea's programs often qualify for government funding



For a flourishing organization... Call Today!

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